



**Club Kaboom Volleyball  
2009 Summer Camps/League/Get Ready Sessions and Instructional Open Gyms  
Registration and Release Form**

**UPDATED 7/7/09**

**6<sup>th</sup> – 8<sup>th</sup> GRADES CONSIDERED “JUNIOR HIGH” AND 9<sup>th</sup> – 12<sup>th</sup> CONSIDERED “HIGH SCHOOL”**  
- Use the grade that you will be going into in the fall of 2009.

**GROUPS WILL BE SEPARATED BY AGES AND/OR SKILL LEVEL\*\*  
RATIO AT CAMP WILL BE AT MOST 1 COACH FOR EVERY 12 ATHLETES**

\*\* If there are too few registrants in an age group and it would not be conducive to all involved to combine with another age group, the session may be cancelled for that group.

**Discounts:**

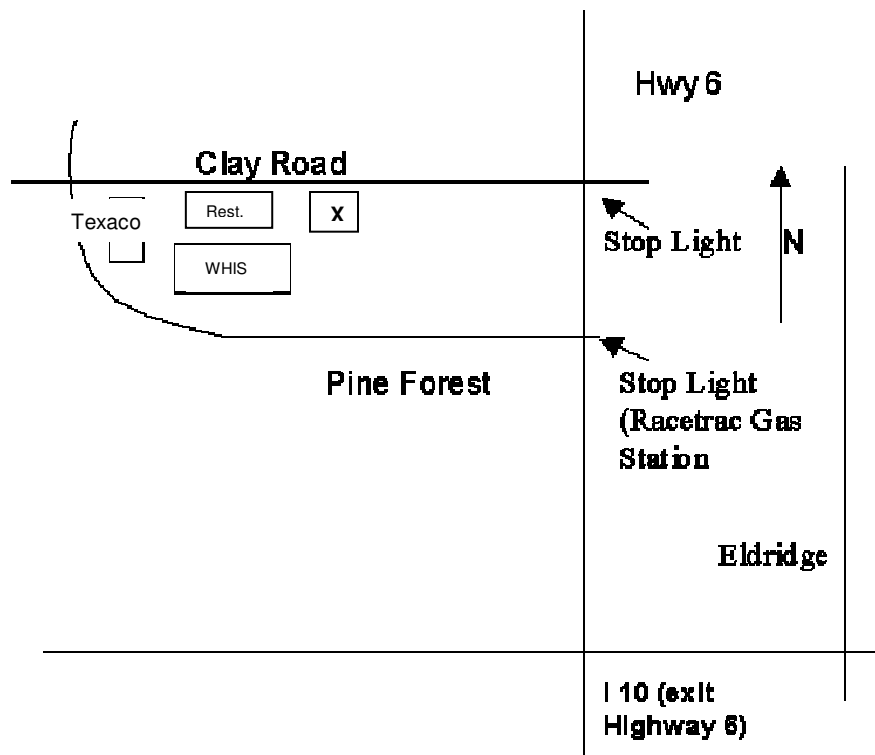
***If you have siblings attending a camp, 2<sup>nd</sup> fee will be discounted 10%. If you have more than 2 siblings to attend, contact Shafonia at 832-755-5937 for additional discount.***

***Also, if you attend more than one camp, you may apply the following discounts when sending in your check for the fees:***

***10% off the second camp attended***

***15% off third camp and any subsequent camps***

**LOCATION FOR ALL CAMPS:  
KABOOM TRAINING FACILITY  
17111 Clay Road  
Houston, TX 77084**



<b>Kaboom Camp/League</b>	<b>Days</b>	<b>Date</b>	<b>Time</b>	<b>Sessions</b>	<b>Total Hours</b>	<b>Cost</b>	<b>Deadline</b>
<b>#C6) MILITARY-STYLE CONDITIONING BOOT CAMP—JR HIGH AGES AND UP (PARENTS WELCOME)</b>	Tuesday <b>CANCELLED DUE TO LACK OF PARTICIPATION</b>	7/14, 7/21, 7/28, 8/4, 8/11, 8/18	4:30–7 PM all nights	6	15	\$175 for all or \$35 each session	EXTENDED UNTIL JULY 14, 2009
<b>#HSOG) HIGH SCHOOL INSTRUCTIONAL OPEN GYM</b>	Wednesday <b>CANCELLED DUE TO LACK OF PARTICIPATION</b>	7/15, 7/22 and 7/29	5–8 PM all nights	3	9	\$45 or \$15 each session	JUNE 30, 2009
<b>#C7) STRENGTH AND AGILITY CAMP—JR HIGH AGES AND UP (PARENTS WELCOME)</b>	Thursday <b>CANCELLED DUE TO LACK OF PARTICIPATION</b>	7/16, 7/23, 7/30, 8/6, 8/13, 8/20	5:30–8 PM all nights	6	15	\$175 for all or \$35 each session	JUNE 30, 2009
<b>#C8) BOOMERS CAMP—ages 8 to 12</b>	Friday, Saturday and Sunday	7/24, 7/25 and 7/26	5:30–8:30PM Fri 6–8PM Sat and Sun	3	7	\$85	JULY 10, 2009
<b>#C9) JR HIGH ALL SKILLS CAMP</b>	Saturday and Sunday	7/25 and 7/26	9 AM–1PM both days	2	6	\$95	JULY 10, 2009
<b>#C10) HIGH SCHOOL ADVANCED ALL SKILLS CAMP</b>	Saturday and Sunday	7/25 and 7/26	2–6PM both days	2	8	\$125	JULY 10, 2009
<b>#G6) ALL SKILLS GET READY SESSION – HIGH SCHOOL AGES</b>	Sunday	8/2	2 – 6 PM	1	4	\$45	JULY 25, 2009
<b>#JHOG) JUNIOR HIGH SCHOOL INSTRUCTIONAL OPEN GYM</b>	Wednesday	8/5, 8/12 and 8/19	5–8 PM all nights	3	9	\$45 or \$15 each	JULY 25, 2009
<b>#G7) VOLLEYBALL 101 GET READY SESSION – PARENTS WELCOME</b>	Friday	8/7 and 8/14	5–8 PM both nights	2	6	\$50	JULY 25, 2009
<b>#C11) SETTER CAMP – JR HIGH AND HIGH SCHOOL AGES</b>	Saturday and Sunday	8/8 and 8/9	9 AM–noon both days	2	6	\$95	JULY 25, 2009

Kaboom Camp/League	Days	Date	Time	Sessions	Total Hours	Cost	Deadline
#C12) HITTERS CAMP – JR HIGH AND HIGH SCHOOL AGES	Saturday and Sunday	8/8 and 8/9	1–4 PM both days	2	6	\$95	JULY 25, 2009
#C13) DEFENSE/PASSING CAMP – JR HIGH AND HIGH SCHOOL AGES	Saturday and Sunday	8/8 and 8/9	4:30–7:30 PM both days	2	6	\$95	JULY 25, 2009
#C14) BOOMERS CAMP – ages 8 to 12	Saturday and Sunday	8/15 and 8/16	9 AM – noon	2	6	\$65	AUGUST 1, 2009
#C15) JUNIOR HIGH ADVANCED ALL SKILLS CAMP	Saturday and Sunday	8/15 and 8/16	1-5 PM both days	2	8	\$125	AUGUST 1, 2009
#G8) JR HIGH ALL SKILLS GET READY SESSION	Saturday	8/22	2-5 PM	1	3	\$35	AUGUST 1, 2009
#G9) JR HIGH ALL SKILLS GET READY SESSION	Sunday	8/23	2-5 PM	1	3	\$35	AUGUST 1, 2009

\*\*\* PLEASE NOTE THAT GET READY SESSIONS (NUMBERED G1 THROUGH G9) AND INSTRUCTIONAL OPEN GYMS (NUMBERED HSOG AND JHOG) DO **NOT** INCLUDE A CAMP T-SHIRT.

CAMP T-SHIRTS ARE ONLY INCLUDED IN **CAMPS** (NUMBERED C1 THROUGH C15) AND THE BOOMERS LEAGUE (L1).

#### General Information:

- ❖ “Junior High” means 6<sup>th</sup> thru 8<sup>th</sup> graders.
- ❖ “High School” means 9<sup>th</sup> thru 12<sup>th</sup> graders.
- ❖ Any session where both high school and junior high age athletes are included, the ages/skill levels will be separated and coaches assigned to each level.
- ❖ Alumni are welcome to attend the high school camps as well.
- ❖ You do not need to be a Kaboom club member to participate in any session.
- ❖ There will be a maximum number of 48 athletes taken per session so it will be first come, first serve by order of registrations received.

#### Description of sessions:

All Skills Camp (or Get Ready Session) – time spent equally covering all necessary skills for a successful volleyball player

Advanced All Skills Camp – all skills covered just like All Skills Camp but advanced techniques taught as well

Boomers League – one night per week of drills only and the other night of instructional scrimmages

Defense and Passing Camp (or Get Ready Session) – session covering all aspects of passing from serve receive to digging, including practicing each defense position

Hitters Camp (or Get Ready Session) – position specific training for hitters which also includes blocking skills

Instructional Open Gym – ball control drills, hitting and serving warm-up to start then teams formed and girls scrimmage

Military Style Conditioning Camp – intense full body conditioning focused on volleyball muscle groups instructed by CPL Brandon Williams, former Iraq war veteran and boot camp preparedness instructor who also has experience in personal training and dance instruction

Setter Camp (or Get Ready Session) – position specific training for setters only (right sides also encouraged to attend)

Strength and Agility Camp – specific exercises to help increase foot speed, vertical jump, block jump, arm/shoulder strength, core strength

Volleyball 101 Get Ready Session – parents and athletes come dressed out. Specific instruction given on each skill needed to be a successful volleyball player so that parents can help train better at home. Also a rundown of rules given to better understand game.

SESSION(S) ATTENDING (use number next to session): \_\_\_\_\_

Participant's Name: \_\_\_\_\_

Parent(s) Name: \_\_\_\_\_

Complete Address (including city, state and zip):  
\_\_\_\_\_  
\_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Grade in fall: \_\_\_\_\_

T-shirt size (FOR CAMPS AND BOOMERS LEAGUE): \_\_\_\_\_ (Youth Medium thru Adult XLarge)

Volleyball Experience: \_\_\_\_\_

School in fall: \_\_\_\_\_

I certify my child, registered on this form, is in good health and may participate in all volleyball camp program activities. I understand participation is not without some inherent risk of injury. As such, in consideration of my child's participation in the Club Kaboom Volleyball, Inc. camp, I hereby waive and release the Club Kaboom staff and the Kaboom facility from all liability for injury or illness incurred while participating in the volleyball camp. I also give my permission for any emergency medical care or treatment, including transportation that may be required. I hereby authorize the directors of the Club Kaboom volleyball camp to act for in accordance with their judgment in an emergency requiring medical attention. I further waive and release Club Kaboom Volleyball, Inc. from liability for any damages from injuries and/or illnesses sustained at the Club Kaboom volleyball camp. I know of no mental or physical conditions which might affect my child's ability to safely participate in the camp or I have notified the camp instructors of any and all physical or mental ailments my child has experienced of which they should be aware.

\_\_\_\_\_  
Parent/Guardian Signature Date

In case of an emergency, please notify: \_\_\_\_\_

Phone # \_\_\_\_\_

**Please mail this completed registration form and a money order or check for the correct fee(s) made payable to Club Kaboom Volleyball PRIOR TO THE DEADLINES SPECIFIED ABOVE to:**

Club Kaboom Volleyball  
PO Box 448  
Fresno, TX 77545

**DON'T FORGET TO IDENTIFY THE SESSION(S) THAT YOU PLAN TO ATTEND WHEN SENDING IN REGISTRATION!!!**

(Note: If you would like to attend camp but cannot pay the total fee(s) by the deadline given, contact Shafonia at 832-755-5937 to see about a possible payment plan so that your child can still attend.)

**\*\* MASTERCARD AND VISA ARE ALSO WELCOME FOR PAYMENT WITH A 2.5% PROCESSING FEE:**

Credit card type: \_\_\_\_\_ Credit card number: \_\_\_\_\_ CVV (3 digit code from back right of card) \_\_\_\_\_ Expires: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Exact name on card: \_\_\_\_\_ Amount to be charged on card (include 2.5% fee) : \$ \_\_\_\_\_

Signature: \_\_\_\_\_